

Human Resources Virtual Support Center

Benefits Support Services

Book An Appointment With Your Benefits Analyst

You will be able to select your analyst based on last name. Once your appointment has been scheduled you will also have the ability to manage your appointment, as well as create new appointments. You will need to log-in with your SF State credentials. To schedule a consultation with your Benefits Analyst, please click [➡ Book an Appointment](#)

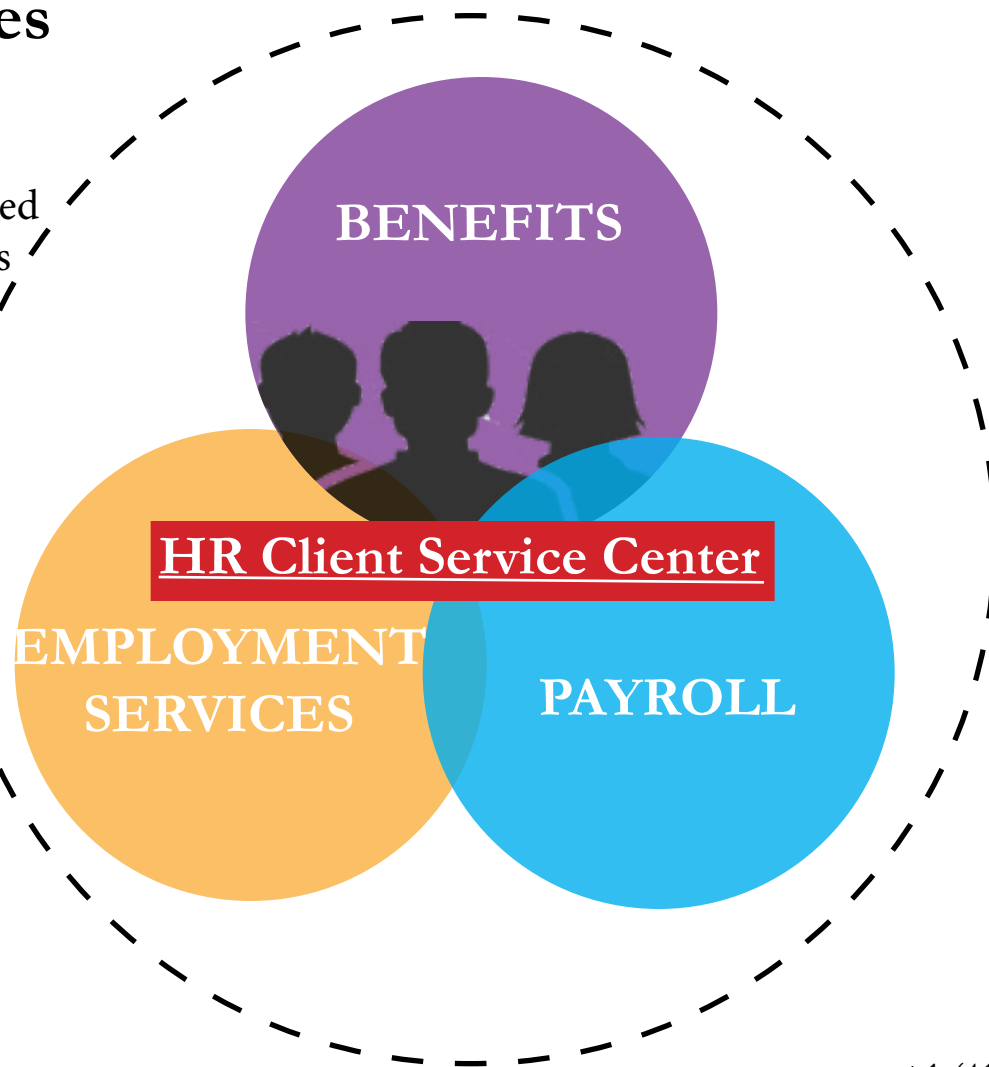
Services Offered:

Benefits Consultation:

- Bernadette Lopez (A – J)
- Mel Cabrera-Brohmi (K-T)
- Lola Thomas (U-Z)

Fee Waiver

Retirement Consultation



hrwww@sfsu.edu



+1 (415) 338-1872
Monday-Friday 8am-5pm PST

Benefits Virtual Walk-in Hours



Tuesday: 09:00 am - 11:00 am
Pass code: 327417

[CLICK TO JOIN](#)

Wednesday: 02:00 pm - 04:00 pm
Pass code: 019423

[CLICK TO JOIN](#)